

OrganizeThis

# OUT WITH THE OLD!

Follow these easy purging ideas and get your home organized.

- 1 Donate.** Goodwill, Salvation Army, and the Bartlett House in Morgantown are great places to donate items.
- 2 Eliminate** children's toys that are never used anymore.
- 3 Find a place** for everything you have. If it doesn't have a place or clutters up your house, get rid of it.
- 4 Question** whether or not the items are adding value to your life.
- 5 Repurpose.** Take ordinary items and make them useful again.
- 6 Sell.** If some things still hold value, consider selling at a yard sale or online sale.
- 7 Two-year time limit** on clothes. If you do not wear it within two years, you probably never will.
- 8 Videos.** Go through videos and DVDs (especially kid ones) and give to parents with younger kids or donate to a local resource.

written by JULIE MILLS and JESSICA NICKLOS

*Julie Mills is a professional organizer and owner of All Squared Away, based in Morgantown. She assists North Central West Virginia's business and residential clients with their organizing needs.*

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EatThis

# A TASTE OF TRADITION

Graduation parties, readings, luncheons, and even weddings—these one-of-a-kind cookies appear at some of the biggest and best events all over the state and even the U.S.

The scrumptious shortbread cookies capture the “Flying WV,” the most widely used logo in WVU athletics. This tasty tradition was born in the late 1980s, when the first, licensed “Flying WV” cookie cutter was created. Employees at the WVU Bakery on the Evansdale residential complex between Bennett, Braxton, and Lion towers have been cutting them out ever since. Last year, the bakery made 62,000 cookies, says Kathy Curtin, assistant director of WVU Dining Services. “We wear out six to seven cutters every year, which is impressive because they are made out of a heavy-duty copper,” she says.

The cookies are individually made—hand-stamped with the cutters. “We have five people working in the bakery, and it takes a really long time,” Kathy says. Cookies are made year-round, but are mostly used as farewell delicacies in and around the WVU campus.

written by ANTONIA L. CEKADA  
photographed by CASSIA KING



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# HAVE YOU HEARD?

Park & Madison Boutique was rated as a top shop in America by ELLE.com. The glamorous store—with brands like BCBGeneration, FreePeople, Gypsy05, Sanctuary, Steve Madden, and more—has been open less than a year but is seeing great success at Suncrest Towne Centre. The boutique was approached by ELLE to be featured as the West Virginia boutique for shopping, as well as one of the Best Boutiques in America. Store co-owner Brittany Palumbo says it's exciting to see such coverage in the nation's top online fashion magazine. “It

is such an honor to be recognized by one of the top fashion magazines in the world. It's great to know that our vision and hard work is getting us national exposure.”

The store also recently enjoyed press from ABC's *Bachelorette*, Emily Maynard, who wore a Park & Madison ensemble on the season finale in July.

Park & Madison carries women's designer apparel, designer denim, semi-formal wear, footwear, cosmetics, and more. The shop recently launched its online store, so you can now shop their designer brands from home.

Look for the ELLE article at [elle.com/fashion/spotlight/50-states-of-shopping-best-boutiques-in-america](http://elle.com/fashion/spotlight/50-states-of-shopping-best-boutiques-in-america).

**Park & Madison Boutique**, 1074 Suncrest Towne Centre Drive; 304.381.2411; [shopparkandmadison.com](http://shopparkandmadison.com)